8TH

WORLD CONGRESS OF

POSITIVE & TRANSCULTURAL PSYCHOTHERAPY

11-16 OCTOBER 2026

SPLENDID CONFERENCE & SPA RESORT
BUDVA, MONTENEGRO



HOSTED BY

PPT

WORLD ASSOCIATION
FOR POSITIVE AND TRANSCULTURAL
PSYCHOTHERAPY

SCIENTIFIC PROGRAM

(preliminary as of 1 Oct 2026)

https://wapp2026.org
www.positum.org



Sunday, 11 October 2026

Time:	
	Arrival and registration Arrival and registration **Registration starts at 15:00**
17:00-18:30	Welcoming and cocktails
18:30-20:00	Dinner
Plenary	
20:00-21:30	**Main meeting hall:** Official opening of the Congress and artistic welcoming to Montenegro. Roll call of the participants. Introduction of the program and some special people. Music.

Note:

1) The official language of the congress is English. Live translation into Bulgarian, Polish, Russian, and Ukrainian are available, as well as AI live subtitles into Turkish.
2) Academic titles of the presenters are not mentioned in the program, but you can find them in the abstract book.
3) There will be simultanous translation in all plenary sessions.
4) The countries indicated for presenters and participants refer to their country of residence and are provided for informational purposes only. They do not constitute or imply any political position, recognition, or endorsement by WAPP. As a non-governmental professional organization, WAPP does not take positions on international political or territorial matters.

Accreditation:

The Congress is officially certified by the State Medical Chamber of Hesse, Germany (LÄKH) with 24 credit points for Continuing Medical Education (CME).
VNR: 2760602026272920004, 2760602026272940002, 2760602026272950001, 2760602026272980008
The Congress is also accredited within the WAPP CPD system, with 30 WAPP CPD credits available for participation in the full scientific programme.

By German law we are obliged to add the following note on sponsoring to our program and conference flyers:

Die Inhalte der Fortbildungsmaßnahme sind produkt- und/oder dienstleistungsneutral gestaltet. Potenzielle Interessenkonflikte des Veranstalters, der wissenschaftlichen Leitung und der Referenten werden in einer Selbstauskunft gegenüber den Teilnehmern offen gelegt. Es gibt keine Sponsoren. Die Gesamtaufwendungen der Veranstaltung werden über die Teilnahmegebühren gedeckt und vom Verband in Eigenleistung getragen. Die Gesamtkosten belaufen sich auf etwa 50.000 EUR.
The contents of the congress are product and service neutral. Potential conflicts of interests of organizers, scientific manager, and lecturers will be laid open to the participants. There is no sponsoring. Total costs of the event are covered by the participation fees and in own contribution of the association. The total cost for the association are approx. 50,000 EUR.



Monday , 12 October 2026
Morning program

Time:	
7:00-8:00	Morning exercises
7:30-9:00	Breakfast
Plenary	
	Room **Main meeting Hall**
Chairpersons:	*Gergana Bencheva, Laura Luca, Uwe Kolks*
9:00-10:30	1. **Opening** of the 1st congress day 2. **Welcoming address by Ms. Maša Saveljić** (member of the Council of Youth Initiatives of the President of Montenegro) 3. **Opening Address: "Healing Across Cultures - Positive Mental Health in a Complex World"** by Hamid Peseschkian (WAPP president) (20 min) 4. **Music** with Angelika Görs (10 min) 5. **Panel discussion: "Many Modalities or One Psychotherapy? - The Future of Our Profession"**. Panelists: Enver Çesko, Christoph Dinter, Polina Efremova. Moderator: Raluca Ursica (30 min)
10:30-11:00	Coffee break

Parallel Sessions

Time:	**Main meeting room**	Room **2**	Room **3**	Room **4**	Room **5**	Room **6**
Chairpersons:	*O. Akhtar-Khawari, Y. Ladyk, L. Petrosyan*	*C. Christ, A. Huysse-G., S. Peseschkian*	*A. Dacheva, O. Tereshchenko, L. Zlatova*	*P. Efremova, Z. Lukyanava, J. Okoro*	*D. Cardoso-Ribas, G. Mijaljica, T. Sari*	*B. Gashi, A. Mikhof*
11:00-11:30	**Spotlight talks** 4 short presentations in *English* language (10 + 5 min discussion) 11:00 Tuğba Demirbağ, Tuğba Sarı, Türkiye: **"Hamnet from the Perspective of Positive Psychotherapy: From a Story of Grief to the Birth of Art"** 11:15 Olha Chorna, Switzerland: **"Balance Under Pressure: Between Professional Engagement and Burnout"** 11:30 Melania Moldovan, Romania: **"Nutrition and therapy in the same room: why this intergative approach works"** 11:45 Nataliia Marchenko, Ukraine, Iryna Norkina, Netherlands: **"The identity Crisis and the loss of meaning in the Modern World"**	Claudia Christ, Germany: *English* **"Positive Psychosomatics" - More than Symptoms, Positive Psychosomatics focuses on strengths, not only suffering"** Presentation, 30 min	Adriana Dacheva, Ana Boyadzhieva, Bulgaria: *English* **"When Loss Cannot Be Named: Transgenerational Perspectives on Parental Bereavement in Positive Psychotherapy"** Presentation, 30 min	Polina Efremova, Portugal: *English* **"Between Two Worlds: Immigrant Adaptation through Positive Psychotherapy"** Presentation, 30 min	Déborah Cardoso Ribas, Angola: *English* **"The Architecture of a New Self: A Predictive Processing Framework for Identity Reconstruction After Trauma"** Presentation, 30 min	Besiane Gashi, Kosovo: *English* **"Poetry in the Therapeutic Encounter: A Reflective Exploration in Positive Psychotherapy"** Presentation, 30 min
11:30-12:00		Anna Huysse-Gaytandjieva, Netherlands: *English* **"A battered self and a battered immune system: Belonging, safeness, and autoimmunity in Positive Psychosomatics"** Presentation, 30 min	Olha Tereshchenko, Ukraine: *English* **"Reorganizing Transgenerational Emotional Experience in Positive Psychotherapy"** Presentation, 30 min	Zhanna Lukyanava, Valeryia Alinouskaya, Poland: *English* **"Primary capacities as predictors of anxiety and depressive symptoms among migrants living abroad for 1–5 years. Research results"** Presentation, 30 min	Goran Mijaljica, United Kingdom: *English* **"Trauma-focused psychotherapy in treating refugees and displaced persons"** Presentation, 30 min	Anna Mikhof, Germany: *English* **"Urban Environments and Mental Health: Towards a Resource-Oriented Understanding"** Presentation, 30 min
12:00-12:30		Samira Peseschkian, Germany: *English* **"Pain and Its Accomplices: Chronic Illness in the framework of PPT"** Presentation, 30 min	Lyudmila Zlatova, Czech Republic: *English* **"Recurrent Dreams as a Process-Oriented Path to Client Conflicts: A Positive Psychotherapy Perspective"** Presentation, 30 min	John Okoro, Austria: *English* **"Psychoanalysis meets Positive and Transcultural Psychotherapy in Self-analysis, Self-discovery, Self-experience"** Presentation, 30 min	Tuğba Sarı, Türkiye: *English* **"Cultivating Self-Compassion Through the Balance Model in Positive Psychotherapy"** Presentaion, 30 min	

12:30-15:30	Lunch break



Monday, 12 October 2026
Afternoon program

Time:

Parallel Sessions

	Main meeting room	Room **2**	Room **3**	Room **4**	Room **5**	Room **6**
Chairpersons:	*N. Peseschkian, C. Dinter*	*A. Nasseri, E. Dobiala, E. Messias*	*M. Goncharov, S. Jeste*	*D. Mironovs, T. Kantcheva*	*S. Kyrychenko, L. Korolova*	*B. Tekle, K. Marquardt*
15:30-16:00	Nawid Peseschkian, Germany: *English* **"'The Indulgence Trap' in Child Education: Between Support and Overload"** Presentation, 30 min	Azin Nasseri, USA *English* **"Moral Injury: Healing the Invisible Wound"** Presentation, 30 min	Maksim Goncharov, Russia: *English* **"The Continuum of the Depth of Inner Conflict"** Presentation, 30 min	Dins Mironovs, Latvia: *English* **"New Perspectives in Positive Psychotherapy: Relaxational Methods and Pragmatic Questioning"** Presentation, 30 min	Svitlana Kyrychenko, Ukraine: *Ukrainian* **"Existential aspects of Positive Psychotherapy: answers to the challenges of wartime"** Presentation, 30 min	Bisrat Tekle Wolderegai, Ethiopia: *English* : **"Mental Illness and its Mitigation Strategies: Insights from Ethiopia"** Presentation, 30 min
16:00-17:00	Christoph Dinter, Germany: *English* **"Introduction to psychodynamic child therapy"** Workshop, 60 min	Ewa Dobiala, Poland, Erick Messias, USA, Joanna Dobiała, Poland: *English* **"Understanding Autism Across Development Through Positive Psychiatry and Psychotherapy"** Workshop, 60 min	Sonali Jeste, USA: *English* **"How to Deal with Difficult Parents in Child and Youth Therapy"** Workshop, 60 min	Tatiana Kantcheva, Bulgaria: *English* **"A Story on the Way" – self-reflection through Actual capabilities (Oriental Stories as Techniques in Positive Psychotherapy, N. Peseschkian)"** Workshop, 60 min	Liudmyla Korolova, Ukraine: *Russian* **"A Journey to Yourself Through the Other"** Workshop, 60 min	Katarzyna Marquardt, Poland: *English* **"The Creative Process of Change: Integrating Hypnosis into Positive Psychotherapy"** Workshop, 60 min
17:00-17:30	Coffee break					

Plenary

	Room **Main meeting Hall**
Chairpersons:	*Yana Alavieranova, Snezhanka Dimitrova, Pavel Frolov*
17:30-19:00	1. **Music** with Angelika Görs (10 min) 2. **Interview Series with Senior Psychotherapists: "Lessons from a Lifetime in Psychotherapy -** ***Reflections and Insights for the Next Generation*** **" .** Guest: Prof. César Alfonso. Interviewers: Ekin Özbey-Duygu, Elif Unsal Ozberk (30 min) 3. **WAPP Research Committee** presentation (15 min) 4. **Quiz, poll, game** (15 min) 5. **Closing of the day**, announcement of next day's highlights
19:00	Dinner
	Free evening



Tuesday, 13 October 2026
Morning program

Time:	
7:00-8:00	Morning exercises
7:30-9:00	Breakfast
Plenary	
	Room **Main meeting Hall**
Chairpersons:	*Deniz Ergün, Katarzyna Marquardt, John Okoro*
9:00-10:30	1. **Music** with Angelika Görs (10 min) 2. **Keynote "Positive Psychiatry in Uncertain Times: How We Think, Decide, and Care"** by Karen Reimers (50 min) 3. **Panel discussion: "Three Perspectives, One Goal? -** ***Positive Psychiatry, Positive Psychotherapy & Positive Psychology*** **",** Panelists: Dilip V. Jeste, Erick Messias, Hamid Peseschkian. Moderator: Tuğba Sarı (30 min)
10:30-11:00	OFFICIAL GROUP PHOTO and coffee break

Parallel Sessions						
Time:	**Main meeting room**	Room **2**	Room **3**	Room **4**	Room **5**	Room **6**
Chairpersons:	*T. Erbskorn-F., A. Hyusse-G., I. Schöndienst*	*E. Cesko, M. Moldovan, M. Tyshchenko*	*M. Tahzib, R. Hayran, F. Mitterlehner*	*L. Moskalenko, E. Unsal O., T. Kantcheva*	*L. Petrosyan, M. Zeraatkar, F. Turan*	*M. Petrosova*
11:00-11:30	**Spotlight talks** 5 short presentations in *English* language (10 + 5 min discussion) 11:00 Tuğba Demirbağ, Tuğba Sarı, Türkiye: **"Coping Processes in Challenging Life Experiences: A Qualitative Study within the Framework of the Balance Model of Positive Psychotherapy"** 11:15 Elena Drazheva, Bulgaria: **"Separation Anxiety Beyond the Symptoms: The Dynamic Balance Model in the Assessment of the Parent-Child Relationship"** 11:30 Zhanna Lukyanava, Poland: **"The sphere of fantasies in positive psychotherapy: not an escape, but an opportunity"** 11:45 Fariba Karamloo, Germany: **"Joy as a marker of inner coherence: A Transdisciplinary View within Positive and Transcultural Psychotherapy"** 12:00 Michael Schroiff, Germany: **"Childhood and Adolescence as Capability: An Integrated Approach for Psychotherapy, Education, and Social Work"**	Enver Çesko, Kosovo: *English* **"Positive Psychotherapy and Dealing with Sexual Violence, Rape, and Trauma"** Presentation, 30 min	Muni Tahzib, USA: *English* **"The Ripple Effect of Menopause: Beyond the Diagnosis—Mental Health, Relationships, Families, and Society"** Presentation, 30 min	Liudmyla Moskalenko, Ukraine: *English* **"Transcultural Psychotherapy in Times of Global Crises"** Presentation, 30 min	Lilit Petrosyan, Armenia: *English* **"From the Youngest Person in the Room to a Bridge Between Generations: Intergenerational Learning in Positive and Transcultural Psychotherapy"** Presentation, 30 min	Milana Petrosova, Armenia: *Russian* **"Application of the Balance Model from Birth to Death"** Workshop, 60 min
11:30-12:00		Melania Moldovan, Romania: *English* **"I want to know who I am – A case study on recovering from developmental trauma and sexual violence"** Presentation, 30 min	Rukiye Hayran, Nurdan Gündoğdu, Türkiye: *English* **"Group Positive Psychotherapy Treatment Effects On Female Patients With Fibromyalgia Syndrome"** Presentation, 30 min	Elif Unsal Ozberk, United Kingdom, Ebru Tansel, Türkiye: *English* **"Development and Validation of the Balance Model Scale and the Conflict Reactions Scale: A Transcultural Psychometric Study"** Presentation, 30 min	Maryam Zeraatkar, Iran/UK; Anissa Khorsandi, Iran/Germany: *English* **"Becoming a Psychologist and Future Positive Psychotherapist in an Underground Institute of Higher Learning: The BIHE Experience from Iran"** Presentation, 30 min	
12:00-12:30		Mariia Tyshchenko, Ukraine: *English* **"When trauma enters the therapy room: understanding therapist resistance and countertransference in work with sexual violence"** Presentation, 30 mim	Ferdinand Mitterlehner, Germany: *English* **"'Men in Therapy – Heroes with hidden cracks': Access to men's health with Positive Psychotherapy"** Presentation, 30 min	Tatiana Kantcheva, Bulgaria, Sergiu Maxim, Romania: *English* **"How Can Positive Pedagogy Help Your Community? - Introducing the WAPP Curriculum for Educators and Professionals Working With Children"** Presentation, 30 min	Fatma Turan, Türkiye: *English* **"An Examination of the Raskolnikov Character in the Novel Crime and Punishment According to the Theory of Transcultural Positive Psychotherapy: The Balance Model and Capacities"** Presentation, 30 min	
12:30-15:30	Lunch break					



Tuesday, 13 October 2026
Afternoon program

Time:

Parallel Sessions

	Main meeting room	Room **2**	Room **3**	Room **4**	Room **5**	Room **6**
Chairpersons:	*A. Nasseri, C. Alfonso*	*C. Christ, D. Jeste*	*R. Werringloer*	*B. Ergenekon Bilen*	*S. Abebe*	*M. Petrosova*
15:30-16:00	Azin Nasseri, USA: *English* **"Spiritual Intelligence: Theory and Practice"** Presentation, 30 min	Claudia Christ, Germany: *English* **"'Conversations at the End of Life – Conversations That Last' Professional communication at the end of life using the methods of Positive Psychotherapy"** Presentation, 30 min	Richard-Christian Werringloer, Germany: *English* **"Happiness and Thriving in Life: What Makes a Life Flourish? A Fundamental Understanding of the Philosophical and Psycho-Emotional Foundations of Living a Happy and Fulfilled Life"** Presentation, 30 min	Bilgehan Ergenekon Bilen, Rukiye Hayran, Türkiye: *English* **"Positive Team Dynamics In A Chronically Depressed Corporate World - Application of PPT principles and methodology to the capitalist pragmatism at organizational psychology level"** Presentation, 30 min	Solomon Abebe Woldemariam, Ethiopia: *English* **"The Wounded Healer: Navigating Psychotherapist Crisis through Positive and Transcultural Psychotherapy"** Presentation, 30 min	Milana Petrosova, Armenia: *Russian* **"When Learning Becomes a Resource for Life: The Developmental Potential of the Educational Process in the Basic Course of Positive Psychotherapy"** Presentation, 30 min
16:00-17:00	César A. Alfonso, USA: *English* **"Psychodynamics of Creativity and Clinical Considerations in the Treatment of Artists"** Workshop, 60 min	Dilip Jeste, USA: *English* **"Healthy Ageing: Wisdom, Resilience, and Well-Being Across the Lifespan"** Workshop, 60 min				

17:00-17:30	Coffee break

Plenary

	Room **Main meeting Hall**
Chairpersons:	*Solomon Abebe, Galina Kabadzhova, Richard Werringloer*
17:30-19:00	1. **Music** with Angelika Görs (10 min) 2. **Interview Series with Senior Psychotherapists: "Lessons from a Lifetime in Psychotherapy - Reflections and Insights for the Next Generation" .** Guest: Nawid Peseschkian Interviewers: Nataliia Marchenko, Iryna Norkina (30 min) 3. **WAPP Publication Committee** presentation (30 min) 5. **Closing of the day**, announcement of next day's highlights
19:00	Dinner
	Free evening



Wednesday, 14 October 2026
Morning program

Time:						
7:00-8:00	Morning exercises					
7:30-9:00	Breakfast					
Plenary						
	Room **Main meeting Hall**					
Chairpersons:	*Nawid Peseschkian, Sergiu Maxim, Mariia Tyshchenko*					
9:00-10:30	1. **Music** with Angelika Görs (10 min) 2. **Keynote "Can AI Do Psychotherapy? From Artificial Intelligence to Artificial Wisdom"** by Dilip Jeste (50 min) 3. **Panel discussion "Artificial Intelligence (AI) and Psychotherapy - *Collaborators or Competitors?* ".** Panelists: Jose A. Canaca, Ewa Dobiala, Farid Peseschkian-Diehl Moderator: Tatiana Kantcheva (30 min)					
10:30-11:00	Coffee break					
Parallel Sessions						
Time:	**Main meeting room**	Room **2**	Room **3**	Room **4**	Room **5**	Room **6**
Chairpersons:	*A.T. Olatise, E. Messias*	*T. Kantcheva, E. Cesko*	*R. Ursica, K. Reimers*	*L. Ostapchuk, O. Lytvynenko*	*O. Akhtar-Khawari, E. Rabrenovic*	*S. Mennemeier, S. Abebe*
11:00-11:30	Adaku Thelma Olatise, United Kingdom: *English* **"The CHARE Framework: An Empirically Derived Model for Connection and Cultural Responsiveness in Multicultural Psychotherapy"** Presentation, 30 min	Tatiana Kantcheva, Bulgaria: *English* **"Love in the age of artificial intelligence – positive perspective"** Presentation, 30 min	Raluca Ursica, United Kingdom: *English* **"The Glass Flower: Parasocial Relationships Through the Lens of Peseschkian's Positive Psychotherapy"** Presentation, 30 min	Liudmyla Ostapchuk, Ukraine: *Ukrainian* **"Experience with Positive Psychotherapy in Working with Clients with Narcissistic Personality Disorder. Key Aspects of Building an Effective Therapeutic Relationship - From Structural Deficits to Adaptation and Development"** Presentation, 30 min	Emilija Rabrenovic, Montenegro: *English* **"Cultural Parent and Gender Scripting Evidence from Montenegro"** Presentation, 30 min	Stefan Mennemeier, Germany: *English* **"Protection Comes First - Somatic Experiencing (SE) as congruent methodological complement to PPT"** Presentation, 30 min
11:30-12:30	Erick Messias, USA: *English* **"Psychopharmacology for Psychologists and Psychotherapists (non-prescribers)"** Workshop, 60 min	Enver Cesko, Kosovo: *English* **"Psychodynamic interpretation of the key conflict, based on Gunther Hübner's understanding"** Workshop, 60 min	Karen Reimers, USA: *English* **"Food for Brain Health: Practical Approaches from Positive Psychiatry"** Workshop, 60 min	Olga Lytvynenko, Ukraine: *Ukrainian or Russian* **"Between Scylla and Charybdis: How to Support the Patient Without Supporting the Symptom"** Workshop, 60 min	Olaf Akhtar-Khawari, Germany: *English* **"Suicidal tendencies: How do I deal with them professionally?"** Workshop, 60 min	Solomon Abebe Woldemariam, Ethiopia: *English* **"The Positive and Transcultural Psychotherapy (PPT) Group Trauma Treatment Protocol (GTTP) For Adults"** Workshop, 60 min
12:30-15:30	Lunch break					



Wednesday, 14 October 2026
Afternoon program

Time:							
Parallel Sessions							
	Main meeting room	Room **2**	Room **3**	Room **4**	Room **5**	Room **6**	Room **7**
Chairpersons:	*G. Kabadzhova, P. Efremova*	*K. Kazashka, J. Canaca*	*E. Unsal Ozberk, R. Hayran*	*E. Kuleva, S. Maxim, D. Pop*	*M. Sarikyan, B. Glowacki*	*A.T. Olatise*	*L. Badridze, O. Hiielo*
15:30-16:00	Galina Kabadzhova, Bulgaria: *English* **"From Vulnerability to Adaptation: How Psychotherapy Constructs Resilience"** Presentation, 30 min	Katerina Kazashka, Bulgaria: *English* **"Social Comparison as a Mechanism for the Erosion of Autonomous Thinking in Prolonged AI (LLM) Interaction"** Presentation, 30 min	Elif Unsal Ozberk, United Kingdom; Ekin Özbey-Duygu, Türkiye: *English* **"Building a Global Evidence Base for Positive and Transcultural Psychotherapy: A Multi-Country Scoping Review"** Presentation, 30 min	Elena Kuleva, Russia: *English* **"The classical hypnosis in counseling in the Positive Psychotherapy method"** Presentation, 30 min	Meri Sarikyan, Germany: *English* **"Burnout Prevention for Working Women: A Positive Psychology-Based Approach"** Presentation, 30 min	Adaku Thelma Olatise, United Kingdom: *English* **"Sitting in the Chair: An Experiential Introduction to the CHARE Framework Through Reflective and Embodied Practice"** Workshop, 90 min	Lali Badridze, Georgia: *Russian* **"Oriental stories as a psychotherapeutic tool in Positive Psychotherapy"** Workshop, 45 min
16:00-17:00	Polina Efremova, Portugal: *English* **"From Uprootedness to Integration: Practical Tools of Positive Psychotherapy for Immigrant Adaptation"** Workshop, 60 min	Jose A. Canaca, Caroline A. Bonham, USA: *English* **"Transcultural Psychiatry in Training and Practice in Rural Areas of New Mexico (USA)"** Workshop 60 min	Rukiye Hayran, Türkiye; *English* **"Psychosomatic Pain, Transcultural and Psychodynamic Perspective, and Treatment Approach Through Case Studies"** Workshop, 60 min	Sergiu Maxim, Romania: *English* **"Before the Conflict: Situational Encouragement as a Gateway to Self-Discovery in PPT Training"** Workshop, 60 min	Bartłomiej Głowacki, Poland: English **"From Recording to Conceptualization - How AI Supports Documentation and Extraction of CBT and Schema Therapy Session Elements in Clinical Practice"** Workshop, 60 min		16:15 Olga Hiielo, Estonia: *Russian* **"Positive Psychotherapy and Artificial Intelligence in Career Counseling: The Role of Actual Capacities in Cross-Cultural Contexts"** Workshop, 45 min
17:00-17:30	Coffee break						
Plenary							
	Room **Main meeting Hall**						
Chairpersons:	*Hamid Peseschkian, Milana Petrosova, Sheyda Rafat*						
17:30-19:00	1. **WAPP General Assembly: Presentation of WAPP Board election results for 2027-2028**, election of the Board representative of Peseschkian Foundation / hybrid with WAPP members joining by Zoom 2. **Music** with Angelika Görs 3. **WAPP Training Committee** presentation (15 min) 4. **Closing of the day**, announcement of next day's highlights						
19:00	Dinner						
	Free evening						



Thursday, 15 October 2026
Morning program

Time:						
7:00-8:00	Morning exercises					
7:30-9:00	Breakfast					
Plenary						
	Room **Main meeting Hall**					
Chairpersons:	*Kathrin Fettweiss, Sonja Kaufmann, Natalia Khanetska*					
9:00-10:30	1. **Music** with Angelika Görs (10 min) 2. **Keynote "Silences in Psychotherapy and Emotional Regulation - Contributions from Cultural Anthropology, Neuroscience and Psychoanalysis"** by César A. Alfonso (50 min) 3. **Panel discussion "Peace Begins Within? - *Can Psychotherapy Contribute to Peace?* ".** Panelists: Fariba Karamloo, Liudmyla Moskalenko, Azin Nasseri. Moderator: Muni Tahzib (30 min)					
10:30-11:00	Coffee break					
Parallel Sessions						
Time:	**Main meeting room**	Room **2**	Room **3**	Room **4**	Room **5**	Room **6**
Chairpersons:	*V. Alinouskaya, I. Humenyuk, T. Zhumatii*	*N. Peseschkian, B. Ergenkon Bilen*	*E. Flory, E. Parruca*	*L. Luca, V. Kopyl, T. Boger*	*M. Lukova, S. Otenko*	*A. Zeka, E. Tansel*
11:00-11:30	**Spotlight talks** 5 short presentations in *English* language (10 + 5 min discussion) 11:00 Diana Pereira, Angola: **"The Spiritual Dimension as a Core Axis in the Balance Model: Pathways to Trauma Recovery, Post-Traumatic Growth and Holistic Well-being"**	Nawid Peseschkian, Germany: *English* **"Making Peace with Your Parents: Intergenerational Patterns in Positive Psychotherapy"** Presentation, 30 min	Egbert Flory, Germany: *English* **"The Epigenetics of Meaning-Making: PPT as a Potential Modulator of the Cellular p38-MAPK Stress Pathway"**, Presentation, 30 min	Laura Luca, Romania; Veronika Kopyl, Portugal; Taisiya Boger, Hungary: *English* **"How to Communicate the Value of Positive Psychotherapy to Future Psychotherapists and Clients"** Workshop, 90 min	Maiia Lukova, Ukraine: *English* **"Learning PPT as Therapy: A Safe Transcultural Space in Dangerous Times - Between Sirens and Borders"** Presentation, 30 min	Arber Zeka, Yll Avdijaj, Antigona Qenaj Sejdiju, Emine Seferaj, Kosovo: *English* **"Prison of the Ego: A psychodynamic and Positive Psychotherapy perspective on the psychic cost of high functioning"** Presentation, 30 min
11:30-12:30	11:15 Anna Mikhof, Germany: **"Positive Mental Health and Well-Being: Effects of a Short-Term Nutrition Intervention on Affect, Mindfulness, and Self-Efficacy"** 11:30 Fariba Karamloo, Germany: **"Coherent Leadership: The State Behind the Skill"** 11:45 Anastasiia Semeniuk, Mariia Kovalova, Ukraine: **"Scars That Speak: Psychological Support for Adolescents with Non-Suicidal Self-Injury in Positive Psychotherapy"** 12:00 Iryna Uninets, Ukraine: **"Development of the Actual Capacity 'Love'. Integration of Positive Psychotherapy, Clinical Psychology and Neuropsychology"**	Bilgehan Ergenekon Bilen, Rukiye Hayran, Türkiye: *English* **"CLASH OF CULTURES AT WORK - Application of PPT principles and methodology for reconciliation of individual transcultural differences to achieve organizational harmony and productivity at workplace"** Workshop, 60 min	Etion Parruca, Germany: *English* **"'The Witches' game as a tool within the framework of Positive Psychotherapy for self-discovery under training and for resilience building in groups affected by war"** Workshop, 60 min		Svitlana Otenko, Yuliia Kostenko, Ukraine: *Ukrainian/English* **"Master class 'Jump in tandem: from therapist to trainer'"** Workshop, 60 min	Ebru Tansel, Deniz Ergün, Cyprus: *English* **"Death, Grief, and Loss Awareness for Therapists: An Experiential, Interactive Workshop"** Workshop, 60 min
12:30-15:30	Lunch break					



Thursday, 15 October 2026
Afternoon program

Time:

Parallel Sessions

	Main meeting room	Room **2**	Room **3**	Room **4**	Room **5**	Room **6**
Chairpersons:	*F. Mitterlehner, C. Dinter*	*A. Bolkan, S. Peseschkian*	*F. Peseschkian-Diehl, P. Zawadzka*	*G. Franzen, K. Marquardt*	*D. Kılınç, V. Hristova*	*T. Zhumatii*
15:30-16:00	Ferdinand Mitterlehner, Germany: *English* **"'Spirituality Impressions with Clarinet music' – Spirituality as a resource, a connection between people, a framework for freedom"** Presentation, 30 min	Asuman Bolkan, Cyprus: *English* **"Positive and Transcultural Psychotherapy in a Complex World: Evidence for Cross-Cultural Healing, Resilience, and Positive Mental Health"** Presentation, 30 min	Farid Peseschkian-Diehl, Germany: *English* **"PhD Presentation – Exploring and Advancing the Religious/Spiritual Foundation of PPT"** Presentation, 30 min	Georg Franzen, Germany: *English* **"Positive Psychotherapy and Art"** Presentation, 30 min	Duygu Kılınç, Türkiye: *English* **"An Examination of Psychologists' Preferences for Online and Face-to-Face Therapy in Relation to Attachment Styles and Personality Structures Based on Positive Psychotherapy"** Presentation, 30 min	Tetiana Zhumatii, Ukraine: *Ukrainian* **"Post-traumatic concepts and actualized unconscious internal conflict"** Workshop, 90 min
16:00-17:00	Christoph Dinter, Germany: *English* **"Psychodynamic understanding of meaningful interactions"** Workshop, 60 min	Samira Peseschkian, Germany: *English* **"Rewriting the Pain Story: A Letter to Your Organ"** Workshop, 60 min	Paulina Zawadzka, Poland: *English* **"Strong Family Foundations – Working with Primary and Secondary Capacities in Transcultural Positive Psychotherapy"** Workshop, 60 min	WAPP Publication Committee: *English* **"Workshop for potential authors: A session for those interested in learning how to write and publish books and articles"** Workshop, 60 min	Valentina Hristova, Bulgaria, Lyudmila Zlatova, Czech Republic: *English/Russian* **"Archetypes and Group Process in Positive Psychotherapy. An experiential workshop on roles, interaction and actual capacities"** Workshop, 60 min	

17:00-17:30	Coffee break

Plenary

	Room **Main meeting Hall**
Chairpersons:	*Enver Cesko, Yulia Kostenko, Arber Zeka*
17:30-19:00	1. **Music** with Angelika Görs (10 min) 2. **Interview Series with Senior Psychotherapists: "Lessons from a Lifetime in Psychotherapy - Reflections and Insights for the Next Generation"**. Guest: Olga Lytvynenko. Interviewers: Hamid Peseschkian, Arber Zeka (30 min) 3. **WAPP Membership Committee** presentation (15 min) 4. **Quiz, poll, game** (15 min) 5. **Closing of the Congress** (with slide show)
19:00-20:30	Dinner
20:30	**"Party evening" - Celebration of the anniversary 30 years WAPP** with music and dance (open end)
	END OF THE CONFERENCE